

ABOUT US

Plymouth Advocacy is 3 organisations working in partnership:



Reg. Charity No. 1080679
Company No. 3963421



Reg. Charity No. 252165 -1
Company No. 5554535



Reg. Charity No. 1081949
Company No. 3973353

mAs

Military Advocacy Service

Amongst our other independent professional advocacy services, we provide specialist support for armed forces veterans who may be facing a complex mixture of health, housing, financial, family and social problems.

Our Military Advocacy Service, is fully understanding of the distinct needs of veterans, helping and empowering individuals and their families, to get their lives back on track.

Military advocacy can also support veterans who are in prison or detained under the Mental Health Act.

CONTACT US



0300 343 5719



text SEAP (followed by your message) to 80800



info@seap.org.uk



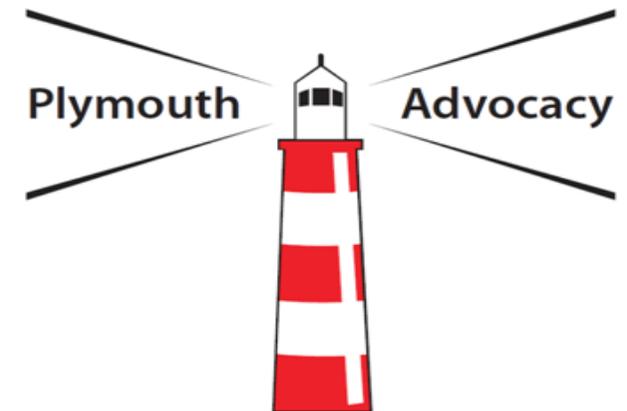
Plymouth Advocacy
Highbury House
207 Outland Road
Plymouth, PL2 3PF



PLYMOUTH ADVOCACY

“HAVE YOUR VOICE HEARD”

FREE and Independent Advocacy service for adults and young people



TELEPHONE:

0300 343 5719



Support with Confidence
PLYMOUTH CITY COUNCIL

WHAT IS ADVOCACY?

Advocacy supports people to say what they want, represents their interests, protects their rights and helps obtain services.

Plymouth Advocacy provides all statutory and non-statutory advocacy for the people of Plymouth and is free, confidential and independent.

The service is available to you if you are an older person, a carer, a person with a disability, someone who is transitioning into adulthood, someone with a mental health illness or lacking capacity to make a particular decision.

The service will help you to:

- access information and services
- be involved in decisions
- explore choices and options
- defend and promote your rights
- speak out about issues that matter to you
- have your voice heard



INDEPENDENT MENTAL CAPACITY ADVOCACY (IMCA) & DoLS

IMCAs provide an independent safeguard to support vulnerable people who lack capacity to make certain specific decisions and have no one appropriate to represent their interests regarding serious medical treatment and change in accommodation.

IMCAs can also provide support with:

- Care Reviews
- Adult Safeguarding (even if there is someone appropriate to support the person)

DoLS (Deprivation of Liberty Safeguards)

If someone is deprived of their liberty under the Mental Capacity Act 2005 they may qualify for an advocate.

INDEPENDENT MENTAL HEALTH ADVOCACY (IMHA)

An **IMHA** is a specialist mental health advocate who can help people understand their rights in relation to the Mental Health Act (MHA) and to make informed decisions around their care and treatment.

“The support of an Independent Mental Health Advocate helped me gain the confidence to self-advocate and secure my discharge from a secure unit.”

HEALTH COMPLAINTS ADVOCACY

People wishing to complain about the care and treatment that they have received from the NHS can be supported by an independent advocate to.

- write letters about their complaint
- be accompanied to meetings with medical professionals
- explore their options at each stage of the complaint
- answer questions to help you make decisions

CARE ACT ADVOCACY

Care Act Advocacy is for people who have social care needs and have substantial difficulty in understanding and being involved in the care and support processes, and no one appropriate to support their involvement.

GENERAL ADVOCACY

Generic issue based advocacy is for the benefit of vulnerable adults and young people transitioning to adult social care services who may need advocacy support in relation to social care, health and wellbeing issues.

“My advocate is supporting me at child protection meetings and explains everything so I can get access to my children.”