



The Pilgrim Trust

Domestic Abuse Group Facilitator volunteer role

Purpose of the role

To co-facilitate a 12-week awareness course alongside WISER's project co-ordinator. This course is designed to raise the confidence of women survivors of domestic abuse, as well as increase their knowledge and understanding of domestic abuse. This course is accessible to women who have a diagnosed or borderline learning disability, and incorporates the use of drama, interactive exercises as well as media content to assist learning.

Responsibilities

- ✓ **Assisting in the delivery of an accessible 12-week awareness programme for women**
- ✓ **Assist with the setting up of the course venue**
- ✓ **Assist in the performing of a short drama piece within each session**
- ✓ **Facilitate learning by leading interactive exercises with course participants**

Time Commitment

This role requires you to commit to a minimum of 3 hours per week, which includes the setting up of a training venue, the delivery of the course, and a short de-brief with the co-ordinator after each session. It is essential that applicants can commit to this time

period, as each session will need two facilitators for the content to be affective.

Desired skills and attributes:

- ✓ A friendly, empathic and compassionate attitude
- ✓ A respect for diversity and equality
- ✓ An understanding of working with vulnerable people
- ✓ A passion for issues affecting women
- ✓ Confidence to perform a drama sequence in front of a small group
- ✓ Ability to work in a confidential environment
- ✓ Active listening skills

Benefits of the role

This role is vital to ensuring that women are given the opportunity to make informed decisions around their safety and well-being, meaning this responsibility will have a tremendously positive impact on the lives of vulnerable women in the city.

As well as this, the benefits of the role include:

- ✓ Regular training and development opportunities
- ✓ The opportunity to gain experience in health and social care services
- ✓ An excellent opportunity to develop new and existing skills
- ✓ The opportunity to build a portfolio of your training, skills, experience and qualities
- ✓ Opportunity to improve future employment prospects