

Identifying whether a parent may have a learning disability

Please tick if there is any evidence to support the following:-

1. HISTORY

Is there historical information documenting learning disabilities such as:

- a) Self-report – Did they go to a special school (Downham / Cann Bridge; Mill Ford; Hillside; Courtland); Did they have extra support within mainstream school? Did they have a statement of special educational needs?
- b) Information from a family member eg information about special education, developmental delay, needing additional help etc.
- c) Information from another agency

If you have ticked this box it is likely that this person has been considered to have a learning disability in the past. Please refer to the Plymouth Parenting Project. There is no need to complete the remainder of this form.

2. TRAVEL

Inability or difficulties travelling on public transport independently and/or always coming to appointments accompanied by another adult

3. LITERACY

- a) Inability to write in their first language
- b) Writing minimal information only
- c) Reading Words but limited understanding of what is read
- d) Takes forms away for someone else to complete

4. DEMANDS

- a) Being overwhelmed by routine demands eg missing many appointments, erratic appointment keeping – late. Early, wrong day etc; Children regularly late for school; rigid routine they find hard to bend

b) Inability to keep track of grocery needs, difficulty sequencing tasks or prioritising demands and activities

5. GIVING INFORMATION

Providing vague or over simplified information about basic facts eg unclear about symptoms of pregnancy, expected changes to body, how many weeks pregnant; unable to recognise if the child has a temperature

6. FINANCES

Poor financial management; inability to budget; unable to work out how much change is due from a simple transaction

7. SELF CARE

Unable to recognise connection between need to take care of self and health of developing baby; unaware of behaviours that need to be avoided during pregnancy; poor hygiene

8. UNDERSTANDING COMMUNICATION

Difficulties understanding more complex or abstract communication. Using complex words themselves that they don't seem to understand

9. LEVEL OF SUPPORT

Making use of informal support more than would be expected for tasks such as using public transport, shopping, managing money, filling in forms, arranging appointments or making phone calls

If you have ticked at least **three** of the boxes numbered 2-9 and suspect that these difficulties are primarily the result of someone having a learning disability (rather than mental health issues, or language or cultural issues) then you should liaise with other professionals involved to gather more information and consider referring to **Plymouth Parenting Project**. You may also wish to seek advice/support from the **Community Learning Disability Team**.

Plymouth Parenting Project, Plymouth Highbury Trust, 207 Outland Road, Plymouth, PL2 3PF, 01752 753712

Community learning Disability Team, Westbourne Unit, Scott Business Park, Beacon park Road, Plymouth PL2 2PQ, 0845 1558077